

10 Billion cfu†

Greens FIRST®

Daily Care Probiotic

PRO

Why Greens First PRO Daily Care Probiotic?

- Includes 7–12 scientifically studied and documented strains of beneficial probiotic bacteria that have been shown to support digestive balance and digestive health.
- Includes prebiotic fiber to support survival of the beneficial probiotic bacteria.
- Includes the scientifically studied and patent pending **MAKTrek™ 3-D Probiotic Delivery System**, which supports better survival than other standard delivery systems.

Probiotics: MORE IS NOT BETTER

It is wildly incorrect that more billions CFU is more effective! It is not about how many billions CFU you start with rather, it is more about the number of billions CFU that survive obstacles like stomach acid, bile, hydration/activation and other environmental issues.

The correct minimum effective dose is between 2 and 20 billion CFU daily depending on the situation. According to much research by well know microbiologists the average effective dose for humans is 10 Billion CFU per day if properly delivered.

The Multi-Step **MAKTrek™ 3-D Probiotic Delivery System** has been scientifically studied to support far better survival of these amazing beneficial probiotic bacteria as compared to other systems currently on the market.

“Lifestyle challenges such as diet, normal aging, overuse of medications, stress, environment, alcohol consumption, and much more may all contribute to digestive imbalance of essential beneficial bacteria such as bifidobacteria.”

No Dairy • No Magnesium Stearate

No Unnecessary Processing Aids

No Artificial Ingredients

No GMOs • No Wheat • No Gluten • No Soy



† at Best By Date as long as recommended storage conditions are maintained.
Refrigeration is not required but may extend shelf life. Store in a cool dry place at 72°F (22°C) or below.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Supplement Facts

Serving Size 1 capsule

Servings Per Container 30 Or 60

Amount Per Serving		% DV
Sodium	11 mg	<1%
Daily Care Probiotic Blend	10 Billion cfu†	*
Probiotic Blend	7 Billion cfu†	*
Lactobacillus acidophilus		*
Lactobacillus rhamnosus		*
Lactobacillus bulgaricus		*
Lactobacillus fermentum		*
Lactobacillus helveticus		*
Lactobacillus brevis		*
Lactobacillus reuteri		*
Bifidobacteria Probiotic Blend	3 Billion cfu†	*
Bifidobacteria breve		*
Bifidobacteria lactis		*
Bifidobacteria longum		*
Bifidobacteria bifidum		*
Bifidobacteria infantis		*
Inulin	100 mg	*

* Daily Value not established.

Other Ingredients: Complex Marine Polysaccharides (Brown Seaweed (Lessonia nigrescens)), Vegetable cellulose (capsule shell), Cellulose, Non-GMO Rice Maltodextrin, Tricalcium phosphate, Sodium chloride, Potassium chloride.

Directions for Use:

Adults take one (1) capsule daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Greens FIRST®
GreensFirst.com

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MAKTrek™ 3-D Probiotic Delivery System

Common delivery systems such as Enteric Coating (*using potentially toxic phthalates*), Delayed Release Capsules (*using phthalates and modified gums*), as well as a few other systems focus solely on surviving stomach acid. However stomach acid is only one of the issues. Other obstacles include bile, hydration/activation, exposure to environmental challenges like chlorine and fluoride.

Greens First PRO Daily Care Probiotic introduces the very first protective system that offers a patent pending, all natural, Non-GMO, scientifically validated, 3-step protective system called **MAKTrek™ 3-D Probiotic Delivery System**.

MAKTrek™ 3-D Step #1 (Acid Protection)

Using an extract of sustainably harvested brown seaweed called "complex marine polysaccharides" embedded in the probiotic powder, the acid protection system is complete. This blend is placed in the capsule and once exposed to stomach acid the seaweed extract forms a secondary internal capsule protecting the living probiotics from being destroyed. (See images below.)



Probiotic capsule exposed to acid of 1.5 pH for over an hour.

MAKTrek 3-D™ Step #2 (Isotonic Delivery/ Protection)

Probiotics in the capsule are dormant and dehydrated. Having balanced moisture is vital for their reactivation. Probiotics LOVE balance. **MAKTrek™ 3-D** employs isotonic (*Iso meaning equal in Greek*) delivery. This makes sure that hydration is balanced and supports a greater number of surviving probiotic bacteria.

MAKTrek™ 3-D Step #3 (Environmental Safeguards)

All strains of beneficial probiotic bacteria used in **Greens First PRO Daily Care Probiotics** are resistant to many pressures created by environmental exposure to common everyday elements.

